

# Melissa Ruff

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## **Education:**

M.S. Rehabilitation Counseling from University of Wisconsin - STOUT, Menomonie, WI  
B.A. Psychology from Ashford University, Clinton, IA

## **Certifications and Affiliations:**

- Licensed Professional Counselor - IT
- Certified Rehabilitation Counselor

## **Passion and Vision:**

“I believe every person has inherent purpose and worth by God. As your therapist, I will walk alongside you as we navigate ways to heal and pursue the life, relationships, and goals that will enable you to live to your fullest potential.”

## **Clinical Experience:**

Melissa’s experience includes working with a diverse population of individuals, couples, and groups, both in person and virtually.

## Professional experience in treating and current focus:

- Betrayal Trauma
- Couples Counseling
- Depression/Anxiety
- Adjustment Disorder
- Communication Issues
- Grief/Loss
- Forgiveness & Trust
- Parenting Challenges
- Attachment Issues
- Stress Management
- Relationship & Marital Strife